



Kigezi Women & Children Health Initiative

www.kigeziwomen.org

OUR STORY

A small group of women self-organized and came together to ask for support.

A powerful ask — *“Please help us create a better life for our children.”*

Their bold ask for support led to the organic launch and development of Kigezi Women.



ELEVATING THE DIGNITY OF WOMEN

Kigezi Women is on a mission to elevate the dignity of women in rural Uganda by increasing access to education, health, and economic mobility. We provide women with **bold livelihood** options – empowering, building up, and supporting women and mothers to **improve their lives** and the **lives of their children.**



Kigezi Mothers
Kakore Village, Uganda
December 2017

“Empowered and well-informed women and mothers will be in a position to improve their children’s livelihoods by providing them with appropriate nutritional options, teach them better hygiene practices, and guarantee the best health possible.

We recognize the unbelievable efforts women in rural communities make to provide for their children. Our main goal is to support them in their wish for the improved life of their children. We focus on children’s health as the main instrument of building a better future for the whole community.”

Dr. Olivia Kamayangi

Co-Founder of Kigezi Women





Serving over 1,000 women and children across three villages, Kigezi Women is committed to increasing opportunities for women and reducing the rate of childhood mortality in rural Uganda.

KABALE DISTRICT: SOUTHWEST UGANDA



Villages Serving

- Bwisa-Kakore
- Nangara
- Kigarama

NEEDS OF WOMEN & CHILDREN

WORLDWIDE

- Acute diarrheal diseases is the leading cause of death in infants and young children in developing countries around the world.
- 1 in 9 people in the world are undernourished. Severe food insecurity may be increasing in almost all regions of Africa.
- 60% of those undernourished around the globe are women.
- About 80% of the world's extreme poor live in rural areas, most of who depend on agriculture.

*Source: World Health Organization. (2011). Bugs, Drugs & Smoke: Stories from Public Health. Geneva, Switzerland: WHO Press, World Health Organization.

*The Food and Agriculture Organization (FAO), IFAD, UNICEF, WFP and WHO. 2018. The State of Food Security and Nutrition in the World 2018. Building climate resilience for food security and nutrition. Rome, FAO. License: CC BY-NC-SA 3.0 IGO.

EDUCATION

There are 3,593,566

illiterate women 15 years

and older in Uganda

UGANDA LITERACY RATES (2012)

Unesco Institute For Statistics

Source: "Uganda." UNESCO Institute of Statistics, 2012
uis.unesco.org/country/UG.

INCOME

41.7% of the population in
Uganda are living on less
than \$1.90 a day*

THE POVERTY HEADCOUNT RATIO (2016)

The World Bank

*At 2011 international prices
Source: The World Bank IBRD IDA Data, data.worldbank.org

HEALTH

4 in 10 Ugandan children

under-five years of age (33%)

are stunted (short for their age)

UGANDA DEMOGRAPHIC & HEALTH SURVEY (2012)

Uganda Bureau of Statistics

COMMUNITY NEEDS ASSESSMENT

We conducted a needs assessment and interviewed the women we serve and Kigezi Women staff on the ground to gather insights about their aspirations and most pressing concerns.



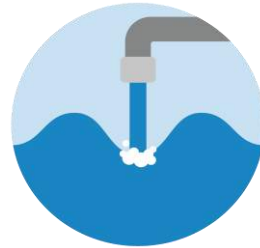
ACCESS TO TRAINING & SKILLS

“We need people to teach us skills so that we can sustain ourselves. We need a school for us.”



ACCESS TO EDUCATION

“My hope is that KHI would help us cover school fees for our children.”



ACCESS TO CLEAN WATER

“My dream is to provide each home with a water tank.”



ACCESS TO TECHNOLOGY

“One of the skills we should focus on is sustainable agriculture.”



ACCESS TO HEALTH EDUCATION

“We would like to know more about family planning”

TACKLING
CRITICAL NEEDS
THROUGH 3 MAIN
STRATEGIES

Women Learning to Read
Nangara Village, Uganda
2018



**IMPROVING LITERACY
RATES AND PROVIDING
ACCESS TO SKILL-BASED
TRAININGS**



II. RAISING AWARENESS OF PREVENTATIVE CARE AND IMPROVING HEALTH CONDITIONS

Conducting Health Screenings
Bwisa-Kakore Village, Uganda
Dec 2017

A group of women are gathered outdoors in a grassy area, learning to weave on treadle looms. The looms are set up on a wooden table. One woman in the center is actively weaving a piece of fabric. Other women are observing and assisting. A man in a white polo shirt stands to the left, and another woman in a floral top stands behind the looms. The scene is set in a rural, natural environment.

III. INCREASING WOMEN'S EARNINGS, HOUSEHOLD INCOME, AND PURCHASING POWER

Women Learning to Weave
Bwisa-Kakore Village, Uganda
Apr 2019

ACCOM-
PLISHMENTS



ACCESS TO TRAINING & SKILLS

- Launched peer-to-peer learning circles for the women to gain literacy skills and access to trainings.
- Hired a teacher to offer ongoing consistent skill-based training.
- Purchased 2 sewing machines for women's groups who meet in Kakore and Nangara.
- Distributed 30 pound of material for weaving and knitting (wool and thread).



ACCESS TO EDUCATION

- Launched literacy program to be led by the women themselves in the community who could teach others
- Formed peer-to-peer literacy groups.
- Offered stipends to teachers and provided supplies such as blackboards, dusters, chalk, exercise books, and pencils for each village.



ACCESS TO TECHNOLOGY

- Over 775 women and children received Renewable Clean Energy.
- Installed 123 solar panels in women's homes
- 76 women farmers trained in compost manure production techniques to improve farming methods
- Piloted micro-gardening project and provided mothers with various types of protein-rich seeds to diversifying food groups.



ACCESS TO HEALTH EDUCATION

- Distributed 3,000+ packets of Oral Rehydration Salts (ORS).
- Distributed 200+ reusable sanitary pads to women and girls of reproductive age
- Women screened for non-communicable diseases ever year and connected with care in neighboring health centers
- Offered workshop on:
 - ✓ Menopause
 - ✓ Prevention of urinary tract infections
 - ✓ First aid treatment
 - ✓ Preventing burns at home
 - ✓ Personal hygiene and handwashing
 - ✓ The importance of “tippy taps”



vesiimisa okuba n'engaro ezinaabiise
saabuuni n'amaizi

ENGARO ZIRIKWESIIMISA

KUKIRA AHARI OBU, BWIHE AHA IRWARIRO ERIRI HAIHI NAIWE.



OVER 775 WOMEN & CHILDREN HAVE ACCESS TO RENEWABLE CLEAN ENERGY



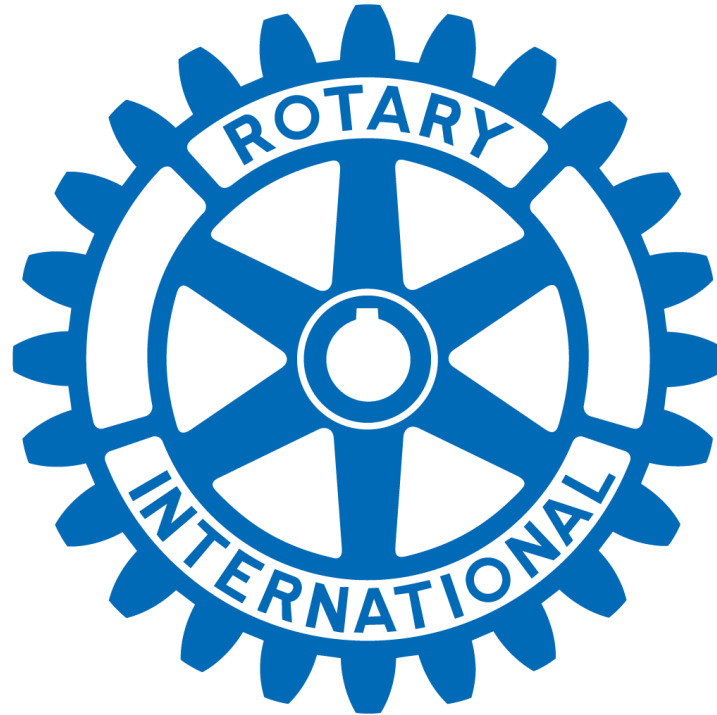
[CLICK HERE FOR
VIDEO:](#)

[Grandmother
Experiences
Light For The
First Time](#)

TEAM & PARTNERS

KEY TEAM MEMBERS & OUR LEADERS ON THE GROUND





ROSE
SOMA

PARTNERS

WHAT'S
NEXT?

HELP US EXPAND

LEVEL 1 \$50

- Fund 1 family to receive clear solar energy through the gift of a solar panel
 - Provide exercise books and pencils for children for 1 semester in primary school
 - Purchase supplies and fabrics for tailoring dresses
-

LEVEL 2 \$100-250

- Covers 1 year of primary school fees for 2+ children
 - Helps the purchase of 2 weaving machines
 - Funds the salary of 1 trainer who teaches 16 classes in 1 semester and impacts 18 women in a class
 - Funds 18 months of rental space for classes (120 women will use this space for various activities)
-

LEVEL 3 \$500- 1000+

- Installation of 3 rain harvest systems (gutters and tank infrastructure which allows a household to collect rain water)
- Purchase of one motorcycle for more efficient of transportation
- Help more families receive a solar panel in their home
- Funds the building of our new community center



**THANK
YOU!**

follow us!



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kigeziwomen.org

kigeziwomen@gmail.com



IG: @kigezi_women